

*śrīḥ*  
*śrīmatē rāmānujāya namaḥ*  
*śrīmatē nigamāntamahādēśikāya namaḥ*

*śrī viṣṇudharmōttarapurāṇē dālbyapulastya saṃvādē*

**॥ śrī apāmārjanastōtram ॥**

*This document has been prepared by*

*Sunder Kidāmbi*

*with the blessings of*

*śrī raṅgarāmānuja mahādēśikan*

*His Holiness śrīmad āṇḍavan śrīraṅgam*

śrīḥ

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## ॥ śrī apāmārjanastōtram ॥

śuklāambaradharaṃ viṣṇuṃ śaśivarṇaṃ caturbhujam |  
prasannavadanaṃ dhyāyēt sarvaviḡhnōpaśāntayē ॥

śrīdālbhya uvāca

bhagavan prāṇinaḥ sarvē viṣarōgādyupadravaiḥ |  
duṣṭagrahābhighātaiśca sarvakālamupadrutāḥ ॥ 1 ॥

ābhicārikakṛtyābhiḥ sparśarōgaiśca dāruṇaiḥ |  
sadā saṃpīḍyamānāstu tiṣṭhanti munisattama ॥ 2 ॥

kēna karmavipākēna viṣarōgādyupadravāḥ |  
na bhavanti nṛṇāṃ tanmē yathāvadvaktumarhasi ॥ 3 ॥

śrīpulastya uvāca

vratōpavāsairyaiṣṇurnānyajanmani tōṣitaḥ |  
tē narā muniśārdūla viṣarōgādibhāginaḥ ॥ 4 ॥

yairna tatpravaṇaṃ cittaṃ sarvadaiva naraiḥ kṛtam |  
viṣajvaragrahāṇāṃ tē manuṣyā dālbhya bhāginaḥ ॥ 5 ॥

ārōgyaṃ paramāmṛddhiṃ manasā yadyadicchati |  
tattadāpnōtyasandigdhaṃ paratrā'cyutatōṣakṛt ॥ 6 ॥

nā'dhīn prāpnōti na vyādhīn viṣagrahanibandhanam |  
kṛtyāsparśabhayaṃ vā'pi tōṣitē madhusūdanē ॥ 7 ॥

sarvaduḥkhaśamastasya saumyāstasya sadā grahāḥ |  
dēvānāmapī tuṣṭyai sa yasya tuṣṭō janārdanaḥ || 8 ||

yaḥ samaḥ sarvabhūtēṣu yathā'tmani tathā parē |  
upavāsādidānēna tōṣitē madhusūdanē || 9 ||

tōṣakāstasya jāyantē narāḥ pūrṇamanōrathāḥ |  
arōgāḥ sukhinō bhōgān bhōktārō munisattama || 10 ||

na tēṣāṃ śatravō naiva sparsarōgādibhāginaḥ |  
graharōgādikaṃ vāpī pāpakāryaṃ na jāyatē || 11 ||

avyāhatāni kṛṣṇasya cakrādīnyāyudhāni ca |  
rakṣanti sakalāpadbhyō yēna viṣṇurupāsitaḥ || 12 ||

śrīdālbhya uvāca  
anārādhitagōvindā yē narā duḥkhabhāginaḥ |  
tēṣāṃ duḥkhābhibhūtānāṃ yat kartavyaṃ dayālubhiḥ || 13 ||

paśyadbhiḥ sarvabhūtasthaṃ vāsudēvaṃ mahāmunē |  
samadrṣṭibhirīśēsaṃ tanmama brūhyaśēṣataḥ || 14 ||

śrīpulastya uvāca  
śrōtukāmō'si vai dālbhya śṛṇuṣva susamāhitaḥ |  
apāmārjanakaṃ vakṣyē nyāsapūrvamidam param || 15 ||

ōṃ namō bhagavatē vāsudēvāya sarvaktlēśāphantrē namaḥ

atha nyāsaḥ

asya śrīmadapāmārjanastōtramaḥāmantrasya |  
śrīpulastyō bhagavān ṛṣiḥ |

*anuṣṭup chandah |*

*śrīvārāha nārasimha vāmana viṣṇu sudarśanā dēvatāḥ |*

*harā'mukasya duritamiti bījam |*

*acyutānantagōvindēti śaktiḥ |*

*jvalatpāvakalōcanēti kīlakam |*

*vajrāyudhanakhasparśēti kavacam |*

*śrīvārāhanārasimhāvāmanaviṣṇusudarśana prasādasiddhyarthē*

*japē viniyōgaḥ |*

*varāhāya aṅguṣṭhābhyāṃ namaḥ |*

*nārasimhāya tarjanībhyāṃ svāhā |*

*vāmanāya madhyamābhyāṃ vaṣaṭ |*

*viṣṇavē anāmikābhyāṃ hum |*

*sudarśanāya kaniṣṭhikābhyāṃ vauṣaṭ |*

*pāñcajanya ya karatalakarapṛṣṭhābhyāṃ phaṭ namaḥ |*

*iti karanyāsaḥ ||*

### *athāṅganyāsaḥ*

*varāhanarasimhāya vāmanāya mahātmanē |*

*jñānāya hṛdayāya namaḥ (hṛdayē)*

*namaḥ kamalakiñjalkapītanirmalavāsasē |*

*aiśvaryāya śirasē svāhā (śirasi)*

*namaḥ puṣkaranētrāya kēśavāyā"dicakriṇē |*

*śaktyai śikhāyai vaṣaṭ (śikhāyāṃ)*

*dāmōdarāya dēvāya anantāya mahātmanē |*

*balāya kavacāya hum (pārśvayōḥ)*

*kāśyapāyā'tihrasvāya ṛgyajuḥsāmamūrtayē |*

tējasē nētrābhyāṃ vauṣaṭ (nētrayōḥ)  
ōṃ namaḥ paramārthāya puruṣāya mahātmanē |  
vīryāyāstrāya phaṭ (karatālaḥ)  
bhūrbhuvahsuvarōmiti digbandhaḥ ||

*dhyānam*

atha dhyānaṃ pravakṣyāmi sarvapāpaprāṇāśanam |  
varāharūpiṇaṃ dēvaṃ saṃsmaran arcayējjapēt || 16 ||

jalaughadhāmnaḥ sacarācarā dharā  
viṣāṇakōṭyā'khilaviśvarūpiṇā |  
samuddhṛtā yēna varāharūpiṇā  
sa mē svayaṃbhūrbhagavān prasīdatu || 17 ||

cañcaccandrārdhadamaṣṭraṃ sphuradururadanaṃ  
vidyududyōtajihvam  
garjatparjanyaṇādaṃ sphuritaraviruciṃ  
cakṣurakṣudraraudram |  
trastāśāhastiyūthaṃ jvaladanalasaṭā -  
kēsarōdbhāsamānam  
rakṣōraktābhiṣiktaṃ praharati duritaṃ  
dhyāyatāṃ nārasimham || 18 ||

ativipulasugātraṃ rukmapātrasthamannam  
salalitadadhikhaṇḍaṃ pāṇinā dakṣiṇēna |  
kalaśamamṛtapūrṇaṃ vāmahastē dadhānam  
tarati sakaladuḥkhaṃ vāmanaṃ bhāvayēt yaḥ || 19 ||

viṣṇuṃ bhāsvatkirīṭāṅgadavalayagalākālpahārōjjvalāṅgam  
śrōṇībhūṣāsuvakṣōmaṇimakuṭamahākunḍalairmaṇḍitāṅgam |  
hastōdyacchaṅkhacakrāṃbujagadamamalaṃ pītakauśēyamāsā -  
vidyōtadbhāsamudyaddinakarasadṛśaṃ padmasaṃsthaṃ  
namāmi || 20 ||

kalpāntārkaprakāśaṃ tribhuvanamakhilaṃ  
tējasā pūrayantaṃ  
raktākṣaṃ piṅgakēśaṃ ripukuladamaṇaṃ  
bhīmadamaṣṭrāṭṭahāsaṃ |  
śaṅkhaṃ cakraṃ gadābjaṃ pṛthutaramusalaṃ  
śūlapāsāṅkuśāgnīṃ  
bibhrāṇaṃ dōrbhirādyāṃ manasi muraripuṃ  
bhāvayē cakrasaṃjñam || 21 ||

stōtrārambhaḥ

ōṃ namaḥ paramārthāya puruṣāya mahātmanē |  
arūpabahurūpāya vyāpinē paramātmanē || 22 ||

niṣkalmaṣāya śuddhāya dhyānayōgaratāya ca |  
namaskṛtya pravakṣyāmi yatra siddhyatu mē vacaḥ || 23 ||

nārāyaṇāya śuddhāya viśvēśāyēśvarāya ca |  
acyutānantagōvinda padmanābhāya sauhrdē || 24 ||

hr̥ṣīkēśāya kūrṃāya mādhavāyācyutāya ca |  
dāmōdarāya dēvāya anantāya mahātmanē || 25 ||

janārdanāya kṛṣṇāya upēndra śrīdharāya ca |  
trivikramāya rāmāya vaikuṅṭhāya harāya ca || 26 ||

pradyumnāyāniruddhāya puruṣōttama tē namaḥ |  
yōgīśvarāya guhyāya gūḍhāya paramātmanē || 27 ||

bhaktapriyāya dēvāya viṣvaksēnāya śārṅgiṇē |  
adhōkṣajāya dakṣāya matsyāya madhuhāriṇē || 28 ||

varāhāya nṛsiṃhāya vāmanāya mahātmanē |  
varāhēśa nṛsiṃhēśa vāmanēśa trivikrama || 29 ||

hayagrīvēśa sarvēśa hṛṣīkēśa harāśubham |  
aparājitacakrādyaiścaturbhiḥ paramādbhutaiḥ || 30 ||

akhaṇḍitānubhāvaistvaṃ sarvaduṣṭaharō bhava |  
harā'mukasya duritaṃ duṣkṛtaṃ durupōṣitaṃ || 31 ||

mṛtyubandhārtibhayadamariṣṭasya ca yatphalam |  
paramadhvānasahitaṃ prayuktaṃ cā'bhicārikam || 32 ||

garasparśamahārōgān prayuktān tvarayā hara |  
ōṃ namō vāsudēvāya namaḥ kṛṣṇāya śārṅgiṇē || 33 ||

namaḥ puṣkaranētrāya kēśavāyā'dicakriṇē |  
namaḥ kamalakiṅjalkapītanirmalavāsasē || 34 ||

mahāhavaripuskandhaghṛṣṭacakrāya cakriṇē |  
daṃṣṭrāgrēṇa kṣitidhṛtē trayīmūrtimatē namaḥ || 35 ||

mahāyajñavarāhāya śēṣabhōgōpaśāyinē |  
taptahāṭakakēśāntajvalatpāvakalōcana || 36 ||

vajrāyudhanakhasparśa divyasiṃha namō'stu tē |  
kāśyapāyātihrasvāya ṛgyajussāmamūrtayē || 37 ||

tubhyaṃ vāmanarūpāya kramatē gāṃ namō namaḥ |  
varāhāsēṣaduṣṭāni sarvapāpaphalāni vai || 38 ||

marda marda mahādaṃṣṭra marda marda ca tatphalam |  
narasiṃha karālāsyā dantaprāntōjjvalānana || 39 ||

bhañja bhañja ninādēna duṣṭānyasyā'rtināśana |  
ṛgyajussāmarūpābhirvāgbhirvāmanarūpadhṛk || 40 ||

praśamaṃ sarvaduṣṭānāṃ  
nayatvasya janārdanaḥ |  
kaubēraṃ tē mukhaṃ rātrau  
raudraṃ saumyaṃ mukhaṃ divā || 41 ||

jvarānmṛtyubhayaṃ ghōraṃ viṣaṃ nāśayatē jvaram |  
tripādbhasmapraharanastrīśirā raktalōcanaḥ |  
sa mē prītaḥ sukhaṃ dadyāt sarvāmayapatijvaraḥ || 42 ||

ādyantavantaḥ kavayaḥ purāṇāḥ  
sanmārgavantō hyanuśāsītāraḥ |  
sarvajvarān ghnantu mamāniruddha -  
pradyumnasaṅkarṣaṇavāsudēvāḥ || 43 ||

aikāhikaṃ dvyāhikaṃ ca tathā tridivasajvaram |  
cāturthikaṃ tathā'tyugraṃ tathaiva satatajvaram || 44 ||

dōṣōtthaṃ sannipātōtthaṃ tathaivā'gantukaṃ jvaram |  
śamaṃ nayā'su gōvinda chindhi chindhyasya vēdanām || 45 ||



nētraduḥkhaṃ śirōduḥkhaṃ duḥkhaṃ cōdarasaṃbhavam |  
atiśvāsamanucchvāsaṃ paritāpaṃ savēpathum || 46 ||

gudaghrāṅghrirōgāṃśca kukṣirōgaṃ tathā kṣayam |  
kāmalādīṃstathā rōgān pramēhāṃścātidāruṇān || 47 ||

bhagandharātisārāṃśca mukharōgāṃsavalgulim |  
aśmarīṃ mūtrakṛcchraṃ ca rōgānanyāṃśca dāruṇān || 48 ||

yē vātaprabhavā rōgā yē ca pittasamudbhavāḥ |  
kaphōdbhavāśca yē rōgā yē cānyē sānnipātikāḥ || 49 ||

āgantukāśca yē rōgā lūtādisphōṣṭakādayaḥ |  
sarvē tē praśamaṃ yāntu vāsudēvāpamārjanāt || 50 ||

vilayaṃ yāntu tē sarvē viṣṇōruccāraṇēna ca |  
kṣayaṃ gacchantu cāsēṣāścakrēṅābhihatā harēḥ || 51 ||

acyutānanta gōvinda viṣṇō nārāyaṇāmṛta |  
rōgān mē nāśayāsēṣān āśu dhanvantarē harē || 52 ||

acyutānantagōvindanāmōccāraṇabhēṣajāt |  
naśyanti sakalā rōgāḥ satyaṃ satyaṃ vadāmyaham || 53 ||

satyaṃ satyaṃ punaḥ satyamuddhṛtya bhujamucyatē |  
vēdācchāstraṃ paraṃ nāsti na daivaṃ kēśavātparam || 54 ||

sthāvaramṃ jaṅgamaṃ cāpi kṛtrimaṃ cāpi yadviṣam |  
dantōdbhavaṃ nakhōdbhūtamākāśaprabhavaṃ viṣam || 55 ||

lūtādisphōṣṭakaṃ caiva viṣamatyantaduḥsaham |  
śamaṃ nayatu tat sarvaṃ kīrtitō'sya janārdanaḥ || 56 ||

grahān prētagrahāṃścaiva tathā vaināyikagrahān |  
vētālāṃśca piśācāṃśca gandharvān yakṣarākṣasān || 57 ||

śākinīpūtanādyāṃśca tathā vaināyikagrahān |  
mukhamaṇḍalikān krūrān rēvatīn vṛddharēvatīn || 58 ||

vṛścikākhyān grahāṃścōgrān tathā mātṛgaṇānapi |  
bālasya viṣṇōscaritaṃ hantu bālagrahānimān || 59 ||

vṛddhānāṃ yē grahāḥ kēcit yē ca bālagrahāḥ kvacit |  
narasiṃhasya tē dṛṣṭyā dagdhā yē cāpi yauvanē || 60 ||

saṭākarālavadanō narasiṃhō mahāravaḥ |  
grahānaśēṣānniśēṣān karōtu jagatō hitaḥ || 61 ||

narasiṃha mahāsiṃha jvālāmālōjvalānana |  
grahānaśēṣānniśēṣān khāda khādāgnilōcana || 62 ||

yē rōgā yē mahōtpātā yadviṣaṃ yē mahōragāḥ |  
yāni ca krūrabhūtāni grahapīḍāśca dāruṇāḥ || 63 ||

śastrakṣatē ca yē dōṣā jvālākardamakādayaḥ |  
yāni cānyāni duṣṭāni prāṇipīḍākarāṇi ca || 64 ||

tāni sarvāṇi sarvātman paramātman janārdana |  
kiñcit rūpaṃ samāsthāya vāsudēvāsya nāśaya || 65 ||

kṣiptvā sudarśanaṃ cakraṃ jvālāmālātibhīṣaṇam |  
sarvaduṣṭōpaśamanaṃ kuru dēvavarācyuta || 66 ||

sudarśana mahācakra govindasya karāyudha |  
tīkṣṇapāvakaśaṅkāśa kōṭisūryasamaprabha || 67 ||

trailōkyakartā tvaṃ duṣṭadrptadānavadāraṇa |  
tīkṣṇadhāra mahāvēga chindhi chindhi mahājvaram || 68 ||

chindhi pātaṃ ca lūtaṃ ca chindhi ghōraṃ mahadbhayam |  
kṛmiṃ dāhaṃ ca sūlaṃ ca viṣajvālāṃ ca kardamān || 69 ||

sarvaduṣṭāni rakṣāṃsi kṣapayā'rivibhīṣaṇa |  
prācyāṃ pratīcyāṃ diśi ca dakṣiṇōttarayōstathā || 70 ||

rakṣāṃ karōtu bhagavān bahurūpī janārdanaḥ |  
paramātmā yathā viṣṇurvēdāntēṣvabhīdhīyatē || 71 ||

tēna satyēna sakalaṃ duṣṭamasya praśāmyatu |  
yathā viṣṇurjagatsarvaṃ sadēvāsuramānuṣam || 72 ||

tēna satyēna sakalaṃ duṣṭamasya praśāmyatu |  
yathā viṣṇau smṛtē sadyaḥ saṃkṣayaṃ yānti pātakāḥ || 73 ||

tēna satyēna sakalaṃ duṣṭamasya praśāmyatu |  
yathā yajñēśvarō viṣṇurvēdāntēṣvabhīdhīyatē || 74 ||

tēna satyēna sakalaṃ yanmayōktaṃ tathā'stu tat |  
śāntirastu śivaṃ cāstu hṛṣīkēśasya kīrtanāt || 75 ||

vāsudēvaśarīrōtthaiḥ kuśaiḥ saṃmārjitaṃ mayā |  
apāmārjatu gōvindō narō nārāyaṇastathā || 76 ||

mamāstu sarvaduḥkhānāṃ praśamō yācanāddharēḥ |  
śāntāḥ samastā rōgāstē grahāḥ sarvaviṣāṇi ca || 77 ||

*bhūtāni ca prasāmyantu saṃsmṛtē madhusūdanē |  
ētat samastarōgēṣu bhūtagrahabhayēṣu ca |  
apāmārjanakaṃ śāstraṃ viṣṇunāmābhimantritam || 78 ||*

*ētē kuśā viṣṇuśarīrasaṃbhavāḥ  
janārdanō'haṃ svayamēva cā'gataḥ |  
hataṃ mayā duṣṭamaśēṣamasya  
svasthō bhavativēṣa yathā vacō harēḥ || 79 ||*

*śāntirastu śivaṃ cāstu praṇaśyatvasukhaṃ ca yat |  
svāस्थ्यamastu śivaṃ cāstu duṣṭamasya prasāmyatu || 80 ||*

*yadasya duritaṃ kiñcit tat kṣiptaṃ lavaṇārṇavē |  
svāस्थ्यamastu śivaṃ cāstu hr̥ṣīkēśasya kīrtanāt || 81 ||*

*ētadrōgādipīdāsu jantūnāṃ hitamicchatā |  
viṣṇubhaktēna kartavyamapāmārjanakaṃ param || 82 ||*

*anēna sarvaduṣṭāni prasamaṃ yāntyasaṃśayaḥ |  
sarvabhūtahitārthāya kuryāt tasmāt sadaiva hi || 83 ||*

*kuryāt tasmāt sadaiva hyōṃ nama iti |  
idaṃ stōtraṃ paraṃ puṇyaṃ sarvavyādhivināśanam || 84 ||*

*vināśāya ca rōgāṇāmapamṛtyujayāya ca |  
idaṃ stōtraṃ japēcchāntaḥ kuśaiḥ saṃmārjayēcchuciḥ || 84 ||*

*vyādhyapasmārakuṣṭhādi piśācōragarākṣasāḥ |  
tasya pārśvaṃ na gacchanti stōtramētattu yaḥ paṭhēt || 85 ||*

*vārāhaṃ nārasimhaṃ ca vāmanaṃ viṣṇumēva ca |  
smaran japēdidam stōtram sarvaduḥkhōpaśāntayē || 86 ||*

*|| iti śrī apāmārjanastōtram samāptam ||*