śrīḥ

śrīmatē rāmānujāya namaḥ

śrīmatē nigamāntamahādēśikāya namaḥ

ōṃ namō bhagavatē vāsudēvāya

maharṣi vēdavyāsapraṇītaṃ śrīmadbhāgavatamahāpurāṇam

॥ *ēkādaśaskandhē pañcaviṃśō'dhyāyaḥ* ॥

This document has been prepared by

Sunder Kidāmbi

with the blessings of

śrī raṅgarāmānuja mahādēśikan

His Holiness śrīmad āṇḍavan śrīraṅgam

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śrībhagavānuvāca
guṇānāmasamiśrāṇāṃ pumān yēna yathā bhavēt ।
tanmē puruṣavaryēdamupadhāraya śaṃsataḥ ॥ **1** ॥

śamō damastitikṣēkṣā tapaḥ satyaṃ dayā smṛtiḥ ।
tuṣṭistyāgō'spṛhā śraddhā hrīrdayādiḥ svanirvṛtiḥ ॥ **2** ॥

kāma īhā madastṛṣṇā stambha āśīrbhidā sukham ।
madōtsāhō yaśaḥ prītirhāsyaṃ vīryaṃ balōdyamaḥ ॥ **3** ॥

krōdhō lōbhō'nṛtaṃ hiṃsā yācñā dambhaḥ klamaḥ kaliḥ ।
śōkamōhau viṣādārtī nidrā''śā bhīranudyamaḥ ॥ **4** ॥

sattvasya rajasaścaitāstamasaścānupūrvaśaḥ ।
vṛttayō varṇitaprāyāḥ sannipātamathō śṛṇu ॥ **5** ॥

sannipātastvahamiti mamētyuddhava yā matiḥ ।
vyavahāraḥ sannipātō manōmātrēndriyāsubhiḥ ॥ **6** ॥

dharmē cārthē ca kāmē ca yadāsau parinisṭhitaḥ ।
guṇānāṃ sannikarṣō'yaṃ śraddhāratidhanāvahaḥ ॥ **7** ॥

pravṛttilakṣaṇē niṣṭhā pumān yarhi gṛhāśramē।
svadharmē cānutiṣṭhēta guṇānāṃ samitirhi sā ॥ **8** *॥*

puruṣaṃ sattvasaṃyuktamanumīyācchamādibhiḥ।
kāmādibhī rajōyuktaṃ krōdhādyaistamasā yutam ॥ **9** *॥*

yadā bhajati māṃ bhaktyā nirapēkṣaḥ svakarmabhiḥ।
taṃ sattvaprakṛtiṃ vidyāt puruṣaṃ striyamēva vā ॥ **10** *॥*

yadā āśiṣa āśāsya māṃ bhajēta svakarmabhiḥ।
taṃ rajaḥprakṛtiṃ vidyāddhiṃsāmāśāsya tāmasam ॥ **11** *॥*

sattvaṃ rajastama iti guṇā jīvasya naiva mē।
cittajā yaistu bhūtānāṃ sajjamānō nibadhyatē ॥ **12** *॥*

yadētarau jayēt sattvaṃ bhāsvaraṃ viśadaṃ śivam।
tadā sukhēna yujyēta dharmajñānādibhiḥ pumān ॥ **13** *॥*

yadā jayēttamaḥ sattvaṃ rajaḥ saṅgaṃ bhidā calam।
tadā duḥkhēna yujyēta karmaṇā yaśasā śriyā ॥ **14** *॥*

yadā jayēd rajaḥ sattvaṃ tamō mūḍhaṃ layaṃ jaḍam।
yujyēta śōkamōhābhyāṃ nidrayā hiṃsayā"śayā ॥ **15** *॥*

yadā cittaṃ prasīdēta indriyāṇāṃ ca nirvṛtiḥ।
dēhē'bhayaṃ manō'saṅgaṃ tat sattvaṃ viddhi matpadam ॥ **16** *॥*

vikurvan kriyayā cādhīranirvṛttiśca cētasām।
gātrāsvāsthyaṃ manō bhrāntaṃ raja ētairniśāmaya ॥ **17** *॥*

sīdaccittaṃ vilīyēta cētasō grahaṇē'kṣamam।
manō naṣṭaṃ tamō glānistamastadupadhāraya ॥ **18** *॥*

ēdhamānē guṇē sattvē dēvānāṃ balamēdhatē ।
asurāṇāṃ ca rajasi tamasyuddhava rakṣasām ॥ **19** *॥*

sattvājjāgaraṇaṃ vidyād rajasā svapnamādiśēt ।
prasvāpaṃ tamasā jantōsturīyaṃ triṣu santatam ॥ **20** *॥*

uparyupari gacchanti sattvēna brāhmaṇā janāḥ ।
tamasādhō'dha āmukhyād rajasāntaracāriṇaḥ ॥ **21** *॥*

sattvē pralīnāḥ svaryānti naralōkaṃ rajōlayāḥ ।
tamōlayāstu nirayaṃ yānti māmēva nirguṇāḥ ॥ **22** *॥*

madarpaṇaṃ niṣphalaṃ vā sāttvikaṃ nijakarma tat ।
rājasaṃ phalasaṅkalpaṃ hiṃsāprāyādi tāmasam ॥ **23** *॥*

kaivalyaṃ sāttvikaṃ jñānaṃ rajō vaikalpikaṃ ca yat ।
prākṛtaṃ tāmasaṃ jñānaṃ manniṣṭhaṃ nirguṇaṃ smṛtam ॥ **24** *॥*

vanaṃ tu sāttvikō vāsō grāmō rājasa ucyatē ।
tāmasaṃ dyūtasadanaṃ mannikētaṃ tu nirguṇam ॥ **25** *॥*

sāttvikaḥ kārakō'saṅgī rāgāndhō rājasaḥ smṛtaḥ ।
tāmasaḥ smṛtivibhraṣṭō nirguṇō madapāśrayaḥ ॥ **26** *॥*

sāttvikyādhyātmikī śraddhā karmaśraddhā tu rājasī ।
tāmasyadharmē yā śraddhā matsēvāyāṃ tu nirguṇā ॥ **27** *॥*

pathyaṃ pūtamanāyastamāhāryaṃ sāttvikaṃ smṛtam ।
rājasaṃ cēndriyaprēṣṭhaṃ tāmasaṃ cārtidāśuci ॥ **28** *॥*

sāttvikaṃ sukhamātmōtthaṃ viṣayōtthaṃ tu rājasam ।
tāmasaṃ mōhadainyōtthaṃ nirguṇaṃ madapāśrayam ॥ **29** *॥*

dravyaṃ dēśaḥ phalaṃ kālō jñānaṃ karma ca kārakaḥ ।
śraddhāvasthā"kṛtirniṣṭhā traiguṇyaḥ sarva ēva hi ॥ **30** *॥*

sarvē guṇamayā bhāvāḥ puruṣāvyaktadhiṣṭhitāḥ ।
dṛṣṭaṃ śrutamanudhyātaṃ buddhyā vā puruṣarṣabha ॥ **31** *॥*

ētāḥ saṃsṛtayaḥ puṃsō guṇakarmanibandhanāḥ ।
yēnēmē nirjitāḥ saumya guṇā jīvēna cittajāḥ ।
bhaktiyōgēna manniṣṭhō madbhāvāya prapadyatē ॥ **32** *॥*

tasmād dēhamimaṃ labdhvā jñānavijñānasambhavam ।
guṇasaṅgaṃ vinirdhūya māṃ bhajantu vicakṣaṇāḥ ॥ **33** *॥*

niḥsaṅgō māṃ bhajēd vidvānapramattō jitēndriyaḥ ।
rajastamaścābhijayēt sattvasaṃsēvayā muniḥ ॥ **34** *॥*

sattvaṃ cābhijayēd yuktō nairapēkṣyēṇa śāntadhīḥ ।
sampadyatē guṇairmuktō jīvō jīvaṃ vihāya mām ॥ **35** *॥*

jīvō jīvavinirmuktō guṇaiścāśayasambhavaiḥ ।
mayaiva brahmaṇā pūrṇō na bahirnāntaraścarēt ॥ **36** *॥*

॥ iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāṃ ēkādaśaskandhē pañcaviṃśō'dhyāyaḥ ॥