

śrīḥ
śrīmatē rāmānujāya namaḥ
śrīmatē nigamāntamahādēśikāya namaḥ
śrīgurupavanapurādhīsāya śrīkṛṣṇāya parabrahmaṇē namaḥ

śrī mēlpattūr nārāyaṇabhaṭṭatirēḥ kṛtiṣu
॥ śrīmannārāyaṇīyē caturthaṃ
daśakam ॥

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with the blessings of
śrī raṅgarāmānuja mahādēśikan
His Holiness śrīmad āṇḍavan śrīraṅgam

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aṣṭāṅgayōgavarṇanam yōgasiddhivarṇanam ca

kalyatāṃ mama kuruṣva tāvatīm

kalyatē bhavadupāsanam yayā |

spaṣṭamaṣṭavidhayōgacaryayā

puṣṭayāśu tava tuṣṭimāpnuyām || 4.1 ||

brahmacaryadṛḍhatādibhīryamai -

rāplavādiniyamaiśca pāvitāḥ |

kurmahē dṛḍhamamī sukhāsanam

pañkajādyamapi vā bhavatparāḥ || 4.2 ||

tāramantaranucintya santatam

prāṇavāyumabhiyamya nirmalāḥ |

indriyāṇi viṣayādathāpahṛ -

tyāsmahē bhavadupāsanōnmukhāḥ || 4.3 ||

asphuṭē vapuṣi tē prayatnatō

dhārayēma dhiṣaṇām muhurmuḥuḥ |

tēna bhaktirasamantarārdratā -

mudvahēma bhavadaṅghricintakāḥ || 4.4 ||

visphuṭāvayavabhēdasundaram

tvadvapussuciraśīlanāvaśāt |

aśramaṃ manasi cintayāmahē

dhyānayōganiratāstvadāśrayāḥ || 4.5 ||

dhyāyatāṃ sakalamūrtimīdṛśī -

munmiṣanmadhuratāhṛtātmanām |

sāndramōdarasarūpamāntaram

brahmarūpamayi tē'vabhāsatē || 4.6 ||

tatsamāsvadanarūpiṇiṃ sthitiṃ

tvatsamādhimayi viśvanāyaka |

āśritāḥ punarataḥ paricyutā -

vārabhēmahi ca dhāraṇādikam || 4.7 ||

itthamabhyasananirbharōllasa -

ttvatparātmasukhakalpitōtsavāḥ |

muktabhaktakulamaulitāṃ gatāḥ

sañcarēma śukanāradādivat || 4.8 ||

tvatsamādhivijayē tu yaḥ puna -

rmañkṣu mōkṣarasikaḥ kramēṇa vā |

yōgavaśyamanilaṃ ṣaḍāśrayai -

runnayatyaजा सुसुम्नया शानिः || 4.9 ||

liṅgadēhamapi saṃtyajannathō

līyatē tvayi parē nirāgrahaḥ |

ūrdhvalōkakutukī tu mūrdhataḥ

sārdhamēva karaṇairnirīyatē || 4.10 ||

agnivāsaravalarkṣapakṣagai -

ruttarāyaṇajuṣā ca daivataiḥ |

prāpitō ravipadaṃ bhavatparō
mōdavān dhruvapadāntamīyatē || 4.11 ||

āsthitō'tha maharālayē yadā
śēṣavaktradahanōṣmaṇārdyatē |
īyatē bhavadupāśrayastadā
vēdhasaḥ padamataḥ puraiva vā || 4.12 ||

tatra vā tava padē'thavā vasan
prākṛtapralaya ēti muktatām |
svēcchayā khalu purā vimucyatē
saṃvibhidya jagadaṇḍamōjasā || 4.13 ||

tasya ca kṣitipayōmahō'nila -
dyōmahatprakṛtisaptakāvṛtīḥ |
tattadātmakatayā viśan sukhī
yāti tē padamanāvṛtaṃ vibhō || 4.14 ||

arcirādigatimīdṛśīṃ vrajan
vicyutiṃ na bhajatē jagatpatē |
saccidātmaka bhavadguṇōdayā -
nuccarantamanilēśa pāhi mām || 4.15 ||

|| iti śrīmannārāyaṇīyē caturthaṃ daśakam samāptam ||