A step-by-step guide to

|| laghu bhagavadārādhanakramah ||

This document* has been prepared by

Sunder Kidambi

with the blessings of

śrī raṅgarāmānujamahādeśikan

His Holiness śrīmad ānđavan of śrīraṅgam

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*This was typeset using \texttt{\LaTeX} and the \texttt{skt} font. Help by Chi. Mukund Kidambi for the photographs in this document is duly acknowledged.
FOREWORD

Sriman Sunder Kidambi, tiruvaḍi of śrīmad tirukkuḍandai anḍavan, is very well known to the āstika community in many continents. Over the past few years, Sriman Sunder Kidambi has been serving the global āstika community tirelessly through his kaiṅkaryams to create, populate and grow his extraordinary website www.prapatti.com. This website has under a single roof (1) one of the largest collection of texts of stotras in multiple languages, (2) audio MP3 recordings of many of the above stotras and (3) photo galleries of 108 divya desams and vintage photo images of śrīmad anḍavans and ahobila maṭham Jeeyars. The time, energy, effort and dedication that Sriman Kidambi has brought to bear upon this task is phenomenal and his yeoman service has been recognized by āstikas thirsting for such information around the globe. All of us owe a deep sense of gratitude to Sriman Sunder Kidambi for his selfless bhagavat-bhāgavata kaiṅkaryams.

Most recently, Sriman Kidambi has put together an easy-to-practise laghu āradhana krama for the benefit of āstikās who wish to learn bhagavad ārādhanaṇam. It is a pleasure for me to have the privilege of writing a foreword for this most recent release of Sriman Kidambi in his www.prapatti.com website. Why is this effort so important?

Today, śakti-sampradāyam-sadācāram and pramāṇa jñānam are diminishing. Many vaiṣṇavās are living and working far away from their traditional homes. They are cut off from their moorings. Traditional routes of learning about our ancient sampradāyam at the sacred feet of sadācāryās are not available to them. There is a need for addressing these information needs of āstikās both at home and abroad. Welcome efforts by knowledgeable vaiṣṇavās fill the information gap on important vaidika karmaṇs like bhagavad ārādhanaṇam that are to be performed every day. These efforts are to supplement the primary efforts of sadācāryāns and not to replace them.

There are two kinds of bhagavad ārādhanaṇams: (1) ātmārtham (2) parārtham. The ātmārtha ārādhanaṇam is done at home to please the Lord by those who have been blessed with pańca saṃskāram. The parārtha ārādhanaṇam is done at the temples and maṭhams for the well being of the world (loka kṣemam). Those who belong to brahmacarya, grahamasta, vānaprastha and sannyāsa āśramams are required to perform bhagavadārādhanaṇam after being blessed with pańca samskāram. They perform ārādhanaṇam with veda mantrams.
Ladies are eligible for performing *viṣṇu pūjā* in the *tāntric* manner. Such is the importance of *bhagavaṇd ārādhanam* “tasmāt anādi-madhyāntam nityam ārādhayet harim” instructs Sage *vyāsa* (Therefore we should perform ārādhanam for hari always). *paraśara sanhitai* states that one should not even eat in the villages or homes where *viṣṇu ārādhanam* is not performed and one should not live in such places even for a day (na kuryāt anna-pānādi na tatra divasam vaset).

Such is the importance of *bhagavaṇd ārādhanam*. *vigraha ārādhanam* is the most lofty among ārādhanams. There are however a lot of difficulties faced by some in executing it. Hence the easier *sālagrāma ārādhanam* is recommended by our *sadācāryās*. When the *sālagrāma mūrtis* of the Lord is present in one’s home with *dvāraka śīlā*, one has tremendous sanctity in the house. After the ārādhanam is done, *perumāl*’s *śrīpāda tīrtham* and *tūlasī* is received before partaking the *naivedyam* presented to the Lord during the worship.

In view of the significance of both these kinds of ārādhanams, vaiṣṇavite ācāryās have written authoritative *granthams* on *nitya ārādhanam kramams*: Ramanuja’s *nitya grantham*, Vangipuram Nambi’s *kārikai*, *smṛti ratnākaram*, and *mumukṣu darpaṇam*, Swamy Desikan’s *pāñcarātra rakṣa*, Tirukkudandai Desikan’s *āhnika grantham*, Srimad Injimedu Azhagiya Singar’s *sādācāra nirṇayam* are some of those *śrī sūktis* focusing on the important *nitya karmās* like *bhagavaṇd ārādhanam*.

Many vaiṣṇavās long to do perform *bhagavaṇd ārādhanam*; they however do not have the opportunity to learn it readily from elders or from their ācāryās. Many of such aspirants live overseas and are finding it difficult to learn the correct procedures (*kramams*) for performing *bhagavaṇd ārādhanam*. Further, the performance of the traditional *ghana ārādhanam* with its intricate *kramams* like *bhūta śuddhi*, *bhagavaṇd* and *devi āvāhānaṃs*, recitation of *mantra puṣpam* with *veda mantram* with the correct *svarams*, *periya śāṭṭrumurai* is not easy for many vaiṣṇavās. Two online resources for performing the *ghana ārādhanam* are available at www.ramanujamission.org/2000/resources/shtml and www.srivaishnavam.com/aradhana.htm

In view of the elaborate nature of the *ghana ārādhanam* and the difficulties in performing them every day in the required manner, our compassionate ācāryās have devised a lighter *krama* known as *laghu ārādhaṇa krama*. This can be done in the morning by one rushing
to work in the modern day world. Sriman Sunder Kidambi has assembled this laghu ārādhana kramam for the benefit of āstikās who wish to learn to perform ārādhana for the Lord. Sri Kidambi’s presentation of laghu ārādhana is easy to follow with helpful pictures on the placement of the vessels used in worship as well as the different mudrās used at the different stages of the ārādhana. The Sanskrit text for the veda mantrams with the appropriate svarams for recital and the clear English text on instructions are very useful to the āstikās at every level of awareness of the kramam. Separate appendix on the taniyans for the ācāryās, mudrās and the often used kramams are a valuable adjunct to learn the laghu ārādhana kramam. There are in all thirty five steps that Sri Sunder Kidambi has focussed on to capture the essence of laghu ārādhana. With few practise runs, one can become familiar with the performance of nityārādhana for the divya dampatis and receive their anugrahams.

Our hearty congratulations to Sri Sunder Kidambi for a significant contribution to the world of ātikās and our prayers are to the divya dampatis and ācāryās to grow his kaiṅkarya śrī further and further.

nārāyaṇa, nārāyaṇa, nārāyaṇa
dāsan
oppiliappan koil varadācāri sadagopan
śrīḥ
śrīmate rāmānujāya namaḥ
śrīmate nigamāntamahādesikāya namaḥ

∥ laghu bhagavadārādhana-kramaḥ ∥

1. After performing mādhyāhnikā sandhyāvandanam, two ācamanam and two prā-
ṇāyāmam, recite

om caṇḍādīdīvarāpālebhyo namaḥ
om pracaṇḍādīdīvarāpālebhyo namaḥ∥

thus seeking the permission of the gate-keepers of vaikuṇṭham.

2. Prostrate in front of the Sanctum and recite

kūrmaṁ divyalokam tadanu maṇi-
mayam maṇṭapaṁ tatra sesamī
tasmin dharmādipītham tadupari
kamalam cāmaragrāhīnīśca
viṣṇum devīḥ vibhūṣāyudha-
gaṇamuragaṁ pāduke vainateyam
seneśaṁ dvārapālaṁ kumudamukha-
gaṇāṁ viṣṇubhaktān prapadye∥

3. Sit on an āsanam or a platform facing north with the Sanctum on your left. Ring the bell
with your left hand, clap three times and recite

yam vāyave namaḥ∥ vīryāya astraṁ phat∥

thus opening the doors of the sanctum sanctorum. Please note that the bell has first to be
accepted with respect with your right hand and then transferred to your left hand before
ringing it. After ringing the bell it has to be transferred to your right hand before placing it in the assigned place.

4. Recite the *suprabhātam*

\[
\textit{kauśalyā suprajā rāma pūrvā sandhyā pravartate}
\]
\[
\textit{uttiṣṭha naraśārdūla kartavyāṃ daivamāhinikam}
\]
\[
\textit{vīra sauṃya vibudhyasva kauśalyānandavardhana}
\]
\[
\textit{jagaddhi sarvāṃ svapiti tvayi supte narādīpa}
\]

5. Now recite the *nyāsadosakam* of śrī nigamānta mahādesīkan

\[
\textit{ahāṃ madrakṣaṇa bharo madrakṣaṇa phalam tathā}
\]
\[
\textit{na mama śrīpaterevētyātmānāṃ nikṣiṇet budhaḥ}
\]
\[
\textit{nyasyāmyākīṃcanaḥ śrīman anukūlo'nyavajjhāḥ}
\]
\[
\textit{viśvāsa prārthanā pūrvaṃ atmarakṣā bharam tvayi}
\]
\[
\textit{svāmī svāseṣaṃ svavaṣaṃ}
\]
\[
\textit{svabharatvena nirbharam}
\]
\[
\textit{svadatta svadhiyā svārtham}
\]
\[
\textit{svasmin nyasyati māṃ svayam}
\]
\[
\textit{śrīmānnaḥ śrīnāh taraṇam katuḥ}
\]
\[
\textit{etaddehāvasāne māṃ tvatpādaṃ prāpaya svayam}
\]
\[
\textit{tvaccheṣatve sthiradhiyam tvatprāptyeka prayajanam}
\]
\[
\textit{nīṣiddha kāmya rahitaṃ kuru māṃ nitya kīṅkaram}
\]
\[
\textit{devī bhūṣaṇa hetyādi juśṭasya bhagavaṃstavaṃ}
\]
\[
\textit{nityaṃ niraparādheṣu kaiṅkaryeṣu nīyūṅkṣva māṃ}
\]
māṁ madiyam ca nikhilam cetanācetananātmakam
svakaiṅkaryopakaranam varada svikuru svayam

tvadeka rakṣyasya mama tvameva kuruṇākara
na pravartaya pāpāṁ pravṛttāṁ nivartaya

akṛtyānāṁ ca karaṇam kṛtyānāṁ varjanam ca me
kṣamasva nikhilam deva pranatārtihara prabho

śrīmāṇ niyata pañcāṅgaṁ madrakṣaṇaḥ bharārpāṇam
ciṅkarat svayaṁ svasmin ato'hamīha nirbharah

saṃsārarvarta vega praśamanaśubhadṛg-

desika prekṣito'ham
saṃtyakto'nairupāyairanucita cariteś-
vadya sāntābhisandhīḥ

niḥśaṅkastatvadṛṣṭyā niravadhikadayaṁ
prārthya saṁrakṣakaṁ tvāṁ
nyasya tvatpādopadme varada nijabharam
nirbharo nirbhayo'smī
dsāṁsāra veda praśamanāśubhadṛg-

desika prekṣito'ham
saṃtyakto'nairupāya iranucita cariteś-
vadya sāntābhisandhīḥ

In case of lack of time to recite nyāsadaśakam, the following verse can be recited

nin arulāṁ gatiyanṛ marṇonrillēn
neṭunkālam pizai šeyda nilai kazindēn
unnarulukkinidāna nilai ugandēn
un šaraṇē šaraṇennum tunivu pūṇḍēn
mannirulāy ninṛa nilai enakkū ttirttu
vānavar tam vāccitara varittēn unnai
innarulāl ini enakkōr paramērṛāmal
en tirumāl aḍaikkalam koḷ ennai nīyē
laghu bhagavadārādhana-kramaḥ

6. Prayers are offered to our guruparamparā by reciting either

\[
\text{asmad desikamasmadīya}
\]
\[
\text{paramācāryān aśeṣān gurun}
\]
\[
\text{śrīmallakṣmaṇa yogipuṅgava}
\]
\[
\text{mahāpūrṇau muniṁ yāmunam}
\]
\[
\text{rāmam padmavilocusam munivaram}
\]
\[
\text{nāthaṁ śatḥadveśīṇam}
\]
\[
\text{seṁsaṁ śriyamindirāsahacaram}
\]
\[
\text{nārāyaṇam samśraye}
\]

or

\[
\text{ennuyir tandalīttavarai ccaraṇam pukku *}
\]
\[
\text{yāṁ aḍaive avargurukkal nirai vaṇaṁgi *}
\]
\[
\text{pinnarulāl perumbūdūr vanda vallal *}
\]
\[
\text{periyanambl ālavandār maṇakkāl nambi *}
\]
\[
\text{nanneriyai avarkkuraitta uyyakkoṇḍār *}
\]
\[
\text{nādamuni saḍaṅgopan sēnai nādan *}
\]
\[
\text{innamuda ttirumagaḷ enrivarai munniṭṭu *}
\]
\[
\text{emperumān tiruvadigal aḍaiginrēńē}
\]

7. Recite the taniyam of your ācarya. Taniyans of some ācaryas are given in the appendix.

8. Perform three prāṇāyāmam. This consists of reciting the aṣṭākṣara mantram, i.e.,
\[
\text{om namo nārāyaṇāya 28 times for each prāṇāyāmam.}
\]

9. Now place the left hand (palm facing upward) over the right thigh, cover it with the right palm and recite the saṅkalpaṃ

\[
\text{śrī bhagavadājñayā śrīmāṁnārāyaṇa prītyartham iijyākhyaṁ bhagavadārādhanaṁ karisye}
\]
This is followed by the sāttvika tyāgam

bhagavāneva svaniyāmya svarūpāsthiti pravrṭtisvāseṣataikarasaṇa anena ātmana ākārtrā svakīyaiścopakaraṇaiḥ svārādhanāikaprayojanaṇa mandharam paramapuruṣaḥ sarvasaṃśī śriyaiḥ patiḥ svaseṣābhubāṁ idam ityārādhanākhyaiṁ karma svasmāi svaprītaṁ svayameva kārayati

10. Next mānasikārādhanam is performed. This is done by reciting, with folded hands and contemplating on the services offered to the Lord,

ārādhayaṁi ṛṭi keśavamātmagehe
māyaḥpure ṛṭdayapaṅkajasamantaṁnivīṣtam
śraddhānādīvimalacittajalābhisekaṁ
nityaṁ samādhikusumaiḥ apunarbhavai

sauvarṇe sthālivarye manīgaṇa-
kacite goghrāktān supakvān
bhakṣyāṁ bhojyāṁśca lehyaṁ parama-
matha haviścoṣyamannaṁ nīdhāya
nānāśakairupetaṁ sadadhimadhu-
ghṛtaṁ kṣīrapāniyayuktāṁ
tāṃbulaṁ cātmāneśmaṁ pratidivasa-
mahāṁ mānasam kalpayāmi

11. After completing the mānasikārādhanam, bāhyārādhanam is performed. This is begun by reciting

bhagavāṇ puṇḍarīkākṣa ṛṭdyāgaṁ tu mayā kṛtam
ātmaśātkuru deveśa bāhyaiśtvāṁ samyagarcaye

12. Next *pātraparikalpanam* is performed wherein the vessels are arranged in an order shown in the Figure 1.

![Figure 1: Arrangement of the vessels.](image)

Sacred water is prepared by adding small quantities of *tulasī, elaicī* (cardamon), *karpūram* (food variety camphor) and *kesarī* (saffron) to the water in the *pūrṇakumbham* (vessel no. 1).

13. Perform *śoṣaṇaṁ-dāhanaṁ-plāvananṁ* to *pūrṇakumbham* (see appendix). Now take a spoonful of water from *pūrṇakumbham* (vessel no. 1) in your left hand and position it at the level of your nose, as shown in Figure 2. Cover the spoon with the fingers on your right hand and recite seven times

**om namo nārāyaṇāya**

and pour this water back into the *pūrṇakumbham* (vessel no. 1).

14. Pour water from the *pūrṇakumbham* (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.

15. Next show *surabhi mudrā* (see appendix) to vessels 2 thorough to 6 while reciting

**om sam surabhimudrāyai namaḥ**

16. Perform *astramantram* (see appendix) to 2 through 6, one by one, by reciting
laghu bhagavadārādhanakramaḥ

Figure 2: Covering a spoonful of water from pūrṇakūṃbham and raising up to the level of the nose.

omnia vīryāya astrāya phaṭ!

17. Cover arghya pātraṇ (vessel no. 2) with your right palm, as shown in Figure 3, and recite

Figure 3: Covering the vessel with your right palm.

omnia namo nārāyaṇāya arghyaṃ parikalpayāmi

Cover pādyā pātraṇ (vessel no. 3) with your right palm and recite

omnia namo nārāyaṇāya pādyāṃ parikalpayāmi

Cover ācamaṇīya pātraṇ (vessel no. 4) with your right palm and recite

omnia namo nārāyaṇāya ācamaṇīyaṃ parikalpayāmi

Cover snānīya pātraṇ (vessel no. 5) with your right palm and recite

omnia namo nārāyaṇāya snānīyaṃ parikalpayāmi
Cover sarvārthatoya pātram (vessel no. 6) with your right palm and recite

om namo nārāyaṇāya sarvārthatoyaṁ parikalpayāmi

18. This next stage is the mantrasanam. Recite

ījyākālastṛtyo'yaṃmahnoṃśassamupāgataḥ
saṃbhṛtāścaiva saṃbhārāḥ kalpitānyāsanāni ca

snānādyarthāni deveśa taveccchā vartate yadi
avalokanadānena tatsarvaṃ saphalāṃ kuru

 tadartham saha devībhyaṃ sāṅugaissacivaissaha
madanugrahāya kṛpayā hyatrāgantumihārhasi

yāvadādyāsanāṃ mantrasanāntam pūjyase mayā
tāvatsānnidhyamatraiva kuruṣva puruṣottama

Offer some puṣpam, tulāsi or aṅkṣa and meditate on the Lord seated on the mantrasanam and recite

om namo nārāyaṇāya mantrasanāya namaḥ mantrasanama-laṅkurusva

Offer arghyaṃ-pādyam-ācamaniyam-plotavastraṃ (see appendix) to the Lord.

19. The next stage in the bhagavadarādhanam is snānāsanam. Recite

sphuṭikṛtam mayā deva snānāsanamidaṃ mahat
āsādayāśu snānārthaṃ madanugrahakāmyayā

Offer some puṣpam or aṅkṣa to the Lord and meditate upon His having accepted snānāsanam and recite

om namo nārāyaṇāya snānāsanāya namaḥ snānāsanama-laṅkurusva

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Perform the arghyam-pādyāṁ-ācamanīyaṁ-plotavastraṁ to the Lord. Perform śoṣaṇaṁ-dāhanaṁ-plāvanaṁ-surabhimudrā-astramantram to the plate on which you wish to place the Lord. Place the Lord on that plate and offer the ritualistic bath with spoonfuls of water from the snāniya pātraṁ (vessel no. 5) with your right hand while ringing the bell with your left and reciting the puruṣa sūktam.

|| hariḥ om || sahasrā śīrṣā puruṣāḥ sahasrākṣāḥ sahasrā- pāt
dsah bhūmiṅ viśvato vṛtvā atyātiṣṭhaddasāṅgulaṁ puruṣa
evedaṁ sarvāṁ yadbhūtāṁ yacca bhavyām utāṁtatvasye-
śānaḥ yadannenaṁītrohāti etāvānasya mahīmā ato jyāyāgscā
puruṣaḥ || 1 ||

padōśya viśvā bhūtāṁ tripadāsyāṁrtāṁ divi tripadārdhva
udāitpuruṣaḥ padōśyeḥabhāvātpunaḥ tato viṣvānvyākrāmat
śaṣṭanāgaśgne abhi tasmādvirādājayata virājo adhi puruṣaḥ
sa jāto atyaricyata paścadbhūmimatho puraḥ || 2 ||

yatpurūṣeṇa haviṣā devā yajñamatraṁvata vasaṅto āsyā-
sīdājayāṁ grīśma idhmaśsaraddhaviḥ saptāsyāsanparīdhayaḥ
trissapta samidhāḥ kṛtāḥ devā yadyajñaṁ tānvānāḥ abādhnā-
npuruṣaṁ paśum tam yajñaṁ barhisi prauksaḥ puruṣaṁ jā-
tamāgrataḥ || 3 ||
tenā devā ayājantaś sādhyā ṛṣāyaścā yey tasmādyajñātsārvahutāḥ
sambhṛtam prṣadājyaṃ paśūgṭāgscākre vāyavyānī
tārāṇyaṅgrāmyāścā yey tasmādyajñātsārvahutāḥ
cassāmāni jajñire chandāṃśi jajñire tasmāś yajjustasmādajāyata∥ 4∥

tasmādaśvā ajāyantaś ye ke cōbhayaḍātāḥ gāvo ha jajñire
tasmāt tasmājñāta ājāvayāḥ yatpurūṣam vyādadhuhḥ katidhā
vyākalpayan mukhaṃ kimāṣya kau bāhū kāvūrū pādāvucyete
brāhmaṇośya mukhamāśītī bāhū rājanyāḥ kṛtaḥ∥ 5∥

ūrū tadāsya yadvaisyāḥ padbhyaṃ śūdro ājāyata candramaṃ
manāso jātaḥ caksosṣūryo ajāyata mukhāindraścāgniścāl
prāṇādvāyurajāyata nābhyā āśidantariṃśam śūrṣno dyaua-
māvartata padbhyaṃ bhūmirdiśāsśrotrāttī tathā lokāṃ ākalpa-
yan∥ 6∥

vedāhametam purūṣam mahāntāṃ ādityavārṇam tamāsa-
stu pāre sarvāṇi rūpāṇi vicītya dhīrāḥ nāmāni kṛtvābhiva-
dan yadstē bhātā purastādyamudājghāraḥ sakrah pravidvān
pradhāścctāsraḥ tamevaṃ vidvāṃśrājāḥ iha bhāvati nānyah
panthā ayānāya vidyate yajñena yajñamāyajanta devāḥ tāni
dharmāṇi prathāmānyāsanī te ha nākāṃ mahīmānāssacante
yatra pūrve sādhyāśsantī devāḥ∥ 7∥
adbhyassambhutah prthivyai rasacca\ visvakarmanassama\- & 
vartatadhi\ tasya tvast\ vedadhadrupameti\ tatpurusasya vi- & 
\svamajjanamagre\ vedahametami purusam mahantam\ aditya- & 
varam tamasa\ parastati\ tmevam vidvamrta\ iha bhavati\ & 
nanyah panth\ vidyate\ yanaya\ prajapatiscarati\ garbhe\ antah\ & 
gjayamano bahudha vijayate\ 8\%

\ tasya dhira\ parijananti yonimm\ maricinam paddamicchanti & 
vedhasah\ yo dehevya atapati\ yo devanam pyrohitah\ puro\ & 
yo dehevyo yata\ namo rucaya brhamaye\ rucami brhamam\ & 
janayanta\ deva agre tadabruvan\ yastvaivam brhamano vi- & 
dyati\ tasya deva asanvas\ 9\%

\ hrisc\ laksmi\ patnyaun\ ahora\ pars\ naksatrani\ & 
rupam\ asvinau vyattam\ istam manisana\ amum manisana\ & 
sarvam manisana\ 10\%

In case of lack of time to recite purusasuktam, each of the following two verses may be & 
recited twice.

\ venney alainda kunuungum* vilaiya\u2014puzdiyum ko\u2014 & 
tin\u2014 iin\u2014 unnai* tt\u2014 kki\u2014 n\u2014 * & 
\ enney ppuippazam ko\u2014 ingettanai p\u2014 irun\u2014* & 
nan\u2014 ariya pirane* nar\u2014 nirada var\u2014
laghu bhagavadārādhana-kramaḥ

kārmali mēṇi niṛattu kkaṇḍa pirānai ughanu
vārmali koṅgai yaśōdai maṃjanam āṭṭi ārrai
pār mali tol puduvai kkōn paṭṭar pirān āonna pāḍal
śīr mali śen tamiz vallār tīvinai yādum ilare

20. This is followed by wiping the Lord with the plotavastram by reciting

οṃ namo nārāyaṇāya plotavastram samarpayāmi

Pour the water collected from the bath and from the other four vessels into the pratigraha pātraṇ (vessel no. 7).

21. Pour water from the pāṛṇakumbhaṇ (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.

22. Cover arghya pātraṇ (vessel no. 2) with your right palm and recite

οṃ namo nārāyaṇāya arghyam parikalpayāmi

Cover pādyā pātraṇ (vessel no. 3) with your right palm and recite

οṃ namo nārāyaṇāya pādyam parikalpayāmi

Cover ācamanīya pātraṇ (vessel no. 4) with your right palm and recite

οṃ namo nārāyaṇāya ācamanīyaṃ parikalpayāmi

Cover pāṇīya pātraṇ (vessel no. 5) with your right palm and recite

οṃ namo nārāyaṇāya pāṇīyaṃ parikalpayāmi

Cover sarvārthatoya pātraṇ (vessel no. 6) with your right palm and recite

οṃ namo nārāyaṇāya sarvārthatoyaṃ parikalpayāmi
23. The next stage in bhagavadārdhanam is the alaṅkārāsanam. Recite

\[
deva deva jagannātha bhūsārakandananādikam
deva deva jagannātha bhūsārakandananādikam
\]

alaṅkārāsanam bhadramadhitiṣṭha tṛtiyakam

Offer some puṣpam, tuḷasī or aḵṣata and request the Lord to accept alaṅkārāsanam by reciting

\[
om namo nārāyaṇāya alaṅkārāsanāya namaḥ
om namo nārāyaṇāya alaṅkārāsanāya namaḥ
\]

alaṅkārāsanam alaṅkuruṣva

Now offer arghyaṃ-pādyam-ācamanīyaṃ-plāvastraṃ to the Lord. Perform śoṣaṅaṃ-dāhanaṃ-plāvanaṃ-surabhimudrā-astramantraṃ to gandham (sandalwood paste). Recite

\[
gandhadvārāṃ durādharśāṃ nityapūṣṭāṃ karīṣiṇīṃ
gandhadvārāṃ durādharśāṃ nityapūṣṭāṃ karīṣiṇīṃ
\]

īśvarīṃ sarvābhūtānāṃ tāmihopāhvaye śriyam

Apply the paste to the Lord by reciting

\[
om namo nārāyaṇāya divya gandhāṃ samarpayāmi
om namo nārāyaṇāya divya gandhāṃ samarpayāmi
\]

24. Perform śoṣaṅaṃ-dāhanaṃ-plāvanaṃ-surabhimudrā-astramantraṃ to dhūpaṃ (incense stick). Now ring the bell and move the dhūpaṃ in a clockwise circular fashion around the Lord and recite

\[
dhūrāsi dhūrva dhūrvāntaṃ dhūrvatāṃ yośmān dhūrvatī
dhūrāsi dhūrva dhūrvāntaṃ dhūrvatāṃ yośmān dhūrvatī
taṃ dhūrvayaṃ vayaṃ dhūrvāmaṣṭvaṃ devānāmasi
taṃ dhūrvayaṃ vayaṃ dhūrvāmaṣṭvaṃ devānāmasi
\]

Now, offer the dhūpaṃ to the Lord by reciting

\[
om namo nārāyaṇāya divya dhūpaṃ āghrāpayāmi
om namo nārāyaṇāya divya dhūpaṃ āghrāpayāmi
\]
25. Perform śoṣaṇaṁ-dāhanam-plāvanam-surabhimudrā-astramantram to dīpam (lamp). Now ring the bell and move the dīpam in a circular fashion and recite

uddīpyasva jātavedopaṅghannirśtitam mamā
pāsūnīscamahygmāvāhajīvānaṅcadiśodaśa

Now, offer the dīpam to the Lord by reciting

ōm namo nārāyaṇāya divya dīpam darśayāmī\n
26. The next stage in the bhagavadārādhanam is the mantrapuṣpam. While offering some tulasi or aksata recite

harih oṃ ṭagimile purohitam yaṁasya devamṛtvijam ho-
tāram ratnadḥātamam hariḥ oṃ
dhariḥ oṃ ise tvorje tvā vāyavāsthopāyavāṣtha devo vāssav
tītā prārpāyatū śreṣṭhamāya karmāṇe hariḥ oṃ
dhariḥ oṃ agna āyahi vītaye ṛṣīno havyadātaye nihoṭā
sathsi barhiśi hariḥ oṃ
dhariḥ oṃ śanno devirabhiṣṭaya āpo bhavantu pītaye sa-
myorabhisravantu nahi hariḥ oṃ
dhariḥ oṃ omityaṅgre vyāharet nama iti paṅcāti nārāyaṇā
yetyupariśtatā omityekāḵṣaram nama iti dve aḵṣare nārā-
yanayeti paṅcāḵṣarōṇi etadvai nārāyaṅasyātāḵṣāram padam
yo ha vai nārāyaṇasyāṅkṣaraṃ padāmadhyeti anupabruva-
ssarvamāyahureti vindate prajāpatyanī rāyasposaṃ gaupatyanī
tato’mṛtattovamaśnute tato’mṛtattovamaśnūta itī ya evaṃ veda
ityupaniśat

icchāmo hi mahābāhum raghuviṇa mahābalam
gajena mahatā’yantām rāmaṇī chatrāvṛtānanaṃ
toṣ ṇ dṛṣṭāva śatruhantāraṃ maharṣiṇīṇāḥ sukhāvaham
babhūva hṛṣṭā vaidehī bhartāraṇī pariśasvaje
tāsāmāvirabhucchauriḥ smayamānamukhāmbujaḥ
pitāmbaradharāḥ sragvī sāksānmanmathāmmanmathaḥ
daikpuroṣiṣṭev pareloke sriyā sārdhāṃ jagatpatiḥ
āste visṇuraciṇṭyātmā bhaktairbhāgavataissaha
eṣa nārāyaṇa śrīmān kṣīrāṇvaniketanaḥ
nāga paryaṇkamutsṛṣyā hyāgato madhurāṃ purīṃ
denāl kudaiyāṃ * irundāl śingāsanaṃāṃ *
ninanāl maravadiyāṃ nil kaḍalul * enrum
puṇaiyām maṇi vilakkām * pūm paṭṭām pulgum
aṇaiyām * tirumārkaravu

dadā punaḥ śaṅkharathāṅgakalpaka-
dhvajāravindāṅkuśavajralāñchanam
devikrama tvacaraṇāmbujadvayaṇ
madiyamūrdhānamalaṅkariṣyati
27. Now arcanā is performed with either tulasi or puspaṁ while chanting the following for nārāyaṇā

ōṁ vāsudevāya namaḥ  
ōṁ pradyumnāya namaḥ  
ōṁ keśavāya namaḥ  
ōṁ mādhavāya namaḥ  
ōṁ viṣṇave namaḥ  
ōṁ trivikramāya namaḥ  
ōṁ śrīdharāya namaḥ  
ōṁ padmanābhyā namaḥ  
ōṁ mātṣeṣyāya namaḥ  
ōṁ varāhāya namaḥ  
ōṁ vāmanāya namaḥ  
ōṁ daśarathārāmāya namaḥ  
ōṁ kṛṣṇāya namaḥ

and for mahālakṣmī

śrīyai namaḥ  
kamalāyai namaḥ  
viṣṇupatnyai namaḥ  
varāhāyai namaḥ  
śārṅgīnyai namaḥ  
surasundaryai namaḥ

amṛtodbhavāyai namaḥ  
candrasodaryai namaḥ  
vaiśnavyai namaḥ  
harivallabhāyai namaḥ  
devadevikāyai namaḥ  
mahālakṣmyai namaḥ

śrībhūnīlādevī sameta śrīmate nārāyaṇāya namaḥ
28. The next stage in *bhagavadārdhanam* is *bhoyāsanam*. Offer your prayer to accept this *āsanam* by reciting

\[\text{mṛṣṭamedhyā sthirāṇāni bhakṣyabhojyānyanekāsāh}
\text{sampannāni jagannātha bhoyāsanamupāśraya}\

Offer *puṣpaṇ* or *aṅkata* to present *bhoyāsanam* by reciting

\[\text{om namo nārāyaṇāya bhoyāsanāya namah} \text{ bhoyāsanama-}
\text{laṅkuruṣva}\

Now offer *arghyaṃ-pādyam-ācamanīyam-plotavastraṃ* (see appendix) to the Lord.

29. Place all the *bhoyavastu* (eatables) in the *pūjā* area and place a few *tulasī* petals on them. On items like cooked rice, cooked lentils and *pāyasam* (sweet pudding), add a small quantity of clarified butter. Sprinkle a spoonful of water from *arghya pātram* (vessel no. 2) and perform *śoṣaṇaṃ-dāhanāṃ-plāvanāṃ-surabhimudrā-astramantraṃ* to *bhoyavastu*. Recite

\[\text{asatyamaśucīṃ nīcamaparādhaika bhājanam}\
\text{alpaśaktīṃ acaitanyam anarham tvatkriyāsvapi}\
\text{māmanādṛtya durbuddhiṃ svayaiva kṛpayā vibho}\
\text{atiprabhūtatamatyanta bhaktisnehopapāditam}\\n\text{śuddham sarvaguṇopetam sarvadosa vivarjitam}\
\text{svānurūpaṃ viśeṣena svadevyoh sadṛśaṃ guṇaiḥ}\
\text{tvamevedam haviḥ kṛtvā svākuruṣva sureśvara}\
\text{pāyasānam guḍānām ca mudgānām śuddhamodanam}\

Now offer three spoonfuls of water to the Lord from the *pānīya pātram* (vessel no. 5), each time reciting
Ring the bell with your left hand. Configure grāsamudrā with your right hand, as shown in Figure 4.

![Figure 4: Configuring grāsa mudrā with your right hand.](image)

This is done by holding the thumb, middle and ring fingers together and leaving the index and little fingers free. Now move the right hand with this configuration from the cooked rice to the Lord and recite

\[
\text{oṁ namo nārāyaṇāya annaṁ nivedayāmi}
\]

and undo the grāsamudrā configuration. Again configure the grāsamudra and move from each item you wish to offer the Lord and recite the appropriate offering mantra and undo the grāsamudrā configuration. For example,

\[
\text{oṁ namo nārāyaṇāya sūpavyaṅjanādikam nivedayāmi}
\]
\[
\text{oṁ namo nārāyaṇāya pāyasa bhakṣaṇāni nivedayāmi}
\]

While you offer the bhojyavastu, offer a spoonful of water from the pānīya pātraṁ (vessel no. 5) from time to time by reciting

\[
\text{oṁ namo nārāyaṇāya pānīyaṁ samarpayāmi}
\]

After offering all the bhojyavastu, recite
Now offer a spoonful of water from *sarvāthatoya pātraṃ* (vessel no. 6) and recite

\[\text{om namo nārāyaṇāya amṛtāpidhānamasi} \]

Again offer a spoonful of water from *sarvāthatoya pātraṃ* (vessel no. 6) while reciting

\[\text{om namo nārāyaṇāya ganḍūśaṃ samarpayāmi} \]

Offer another spoonful of water from *sarvāthatoya pātraṃ* (vessel no. 6) while reciting

\[\text{om namo nārāyaṇāya hastaprakṣālanam samarpayāmi} \]

Now offer *arghyam-pādyam-ācamanīyam-plotavastraṃ* to the Lord.

30. The next stage in *bhagavadārādhanaṃ* is *punarmantrāsanam*. Offer *tuḷasī* for presenting *punarmantrāsanam* and meditate that the Lord, along with His consorts, is seated on the āsanaṃ.

\[\text{maṇtrāsanamidaṃ tubhyaṃ mayā dattamanuttamam} \]
\[\text{kūrcena śodhitāṃ viṣṇo punarāśadaya prabho} \]

Now offer *arghyam-pādyam-ācamanīyam-plotavastraṃ* to the Lord. Perform the *śoṣaṇaṃ-dāhanaṃ-plāvanaṃ-surabhimudrā-astramantraṃ* to the *phalatāmbūlaṃ* (plate of fruits, beetle nuts and leaves). Now offer the fruits to the Lord by reciting

\[\text{om namo nārāyaṇāya phalatāmbūlādīni samarpayāmi} \]

Offer three spoonfuls of water from *ācamanīyam pātraṃ* (vessel no. 4) to the Lord, each time reciting

\[\text{om namo nārāyaṇāya ācamanīyaṃ samarpayāmi} \]

Offer the *plotavastraṃ* to the Lord by reciting

\[\text{om namo nārāyaṇāya plotavastraṃ samarpayāmi} \]
31. Perform the śoṣaṇaṁ-dāhanam-plāvanam-surabhimudrā-astramantram to the lamp lit by karpūraṁ (camphor) or cotton wig. Wave the camphor light in a clockwise circular fashion with your right hand while ringing the bell with your left and reciting

\[
\text{tadviṣṇoḥ paramaṁ padaṁ sadā pasyanti sūrayāḥ| divīva caksurātātām| tadviprāso vipanyavo jāgrvāṁ sāsamindhate| visṇoryatpāramāṁ padam|}
\]

\[
paryāptya anāntarāyāya sarvāstomo’ti rātra uttama mahā-rbhavati| sarvasyāpytayai sarvāya jityai sarvāmeva tenāpnoti| sarvāṁ jayati|
\]

Offer the nīrājanam or maṅgalārati to the Lord by reciting

\[
om namo nārāyaṇāya divya karpūra nīrājanam samarpayāmi|
\]

Offer three spoonful of water from ācamanīyaṁ pātram (vessel no. 4) to the Lord, each time reciting

\[
om namo nārāyaṇāya ācamanīyaṁ samarpayāmi|
\]

Offer a plotavastram to the Lord by reciting

\[
om namo nārāyaṇāya plotavastram samarpayāmi|
\]

32. The next stage in the bhagavadārādhanam is śāttumurai. Recite

\[
\text{śirram śirukāle vandunnai śevittu* un}
\text{porrāmarai aḍiyē pōrrum porul kēlāy*}
\text{perram mēyttuṇṇum kulattil pirandu* nī}
\text{kurrēval engalai kkollāmal pōgādu*}
\text{irrāi pparai kolvān anṛu kāṇ gövinda*}
\]
errai[kkum ezē piravikkum * unrannō-
durrōmēyāvōm unakkē nām āṭceyvōm *
maṁrai nam kāmaṅgal mārṭelōr embāvāy
vaṅga kkaḍal kaḍainda mādavanai kkēsavavanai *
tingal tirumugattu sēyizaiyār sēnriraiñji *
āṅga pparaį koṇḍavārrai * aṇi puduvaι
ppaiṅgamala ttaṅ teriyal paṭtaṅbirāṅ kōdai sōnna *
śaṅga ttamizmālai muppadum tappāmē *
ingippaṃsuraippār īrirāṇду māl varai ttōl *
śeṅgaṇ tirumugattu ccelva ttirumāḷāl *
ingum tiriuvaruḷ perraṅbuṛuṛvar embāvāy
pallāṇḍu pallāṇḍu pallāyirattāṇḍu *
pala kōḍi nūṛāyiram *
mallāṇḍa tīntōl maṇivaṇṉā * un-
śevaḍi ēvvi tirukkāppu
adīyōmōḍum ninnōḍum pirivinṟi ēyiram pallāṇḍu *
vaḍivāy ninvāla mārbinil vāzginṛa maṅgaivyum pallāṇḍu *
vaḍivār sōdi valatturaiyum śudarāziyum pallāṇḍu *
paḍaipōr pukku muaṅgum appāṅjaśanīyamum pallāṇḍē
sarvadeśadaśākkeśavvyāhataparākramā\ rāmānuṭāyadivyāyāṅā vardhatāmabhivardhatām||
rāmānuṭāyadivyāyāṅā pratīvāsaramujjvalā\ digantavyāpini bhūyātsā hi lokahitaśiṇi||
śrīman śrīraṅgaśriyamanupadravā-
manudinam saṁvardhaya
śrīman śrīraṅgaśriyamanupadravā-
manudinam saṁvardhaya

namo rāmānujāryāya vedāntārthapradrāyine
ātreyapadamanābhāryasutāya guṇaśāline

rāmānujadayāpātraṃ jñānavairāgyabhūṣaṇaṃ
śrīmadveṅkaṭanāthāryaṃ vande vedāntadesikaṃ
vāzi irāmanuja ppillān mādagavāl
vāzum aṅinigamāntaguru - vāziyavan
māran maraiyum irāmānujan bhāṣiyamum
tērum paḍiyuraikkum śīr
vaṇja pparasamayam māṟṟavandōn vāziyē
mannupugas ppūdūrān manamugappōn vāziyē
taṅja ttirumaṅgai ugakkavandōn vāziyē
talīyanurai kuḍikōṇḍa karuttudaiyōn vāziyē
tēnjōl tamizmaṟaigal telinduraippōn vāziyē
tirumalaimāl tirumaṇiyyāy cciṟakkavandōn vāziyē
taṇja pparaṟagatiyai ttandaruḷvōn vāziyē
dēndamiz ttūppul tiruvēnantavā vāziyē

nānilamun tānvāza nānmaṟaigal tāmvāza
mānagarin māran maṟaivāza - nāniyargal
śenniyaṇi śēr āppul vēdānta dēśikānu
innrumu nūrrhaṇḍirum
vāziyaṇī tūppul varu nigamāntāśirīyaṇī*

vāziyaṇavān pādāravindamālaraṇī - vāziyaṇavān
kōdilā ttāṁmalarai kkoṇḍādi kkoṇḍirukkum

tıdilā nallōr tirāl

33. Next stage in the bhagavadārādhanaṇam is paryaṅkāsanaṇam.

deva svāmin jagannātha śriyā bhūmyā ca nilayā
jagadrakṣaṇajāgāryāṇī yoganidrāmupākuru

Offer some tulasi or puṣpaṇi to present the paryaṅkāsanaṇi and meditate that the Lord and His consorts have graced the āsanaṇi and recite

om namo nārāyaṇāya paryaṅkāsanāya namaḥ 
paryaṅkāsanaṇamalaṇakuruṣva

Now offer arghyaṇi-pādyam-ācamaniyaṇi-plotavastram to the Lord.

34. Next recite

ajñānādathavā jñānādaśubhaṇi yanmaya kṛtam
kṣaṃtumārhasi tatsarvaṇi dāsyena ca gṛhāṇa mām

jñānato jñānato vāpi vihitam yanmaya śubham
ıtsarvaṇi pūrṇamevāstu prīto bhava janārdana

upacārapadeśena kṛtānāharaharmayā
apacārānimān sarvān kṣamasva puruṣottama

Prostrate before the Lord. Then śālagrāma (or idols used for the bhagavadārā-
dhanam) should be replaced in their original box(es). This is usually done with closed eyes.
35. The last stage in the bhagavadārādhanaṁ is the sātvika tyāgam. This is done by reciting

bhāgavāneva svanīyāmya svarūpāsthiti pravrītti svaśeṣatai-
ka rasena anena ātnānā kartrā svakīyaisca upakaraṇaih svā-
rādhanaika prayojanaṁya paramapuruṣaih sarvaśeṣī śriyāhpatiḥ,
svaśeṣa bhūtāmidam bhagavat ijyārādhanaākhyaiṁ karma sva-
smaī svapṛituraye svayameva kāritavān

Offer all the fruits of this bhagavadārādhanaṁ to the Lord by reciting
sarvam śrīkṛṣṇārpaṇamastu

The left over water in vessels 2 through 6 should be poured into pratigraha pātraṁ (vessel no. 7). The performer must first accept the tīrthaṁ (water) from pratigraha pātraṁ (vessel no. 7) and then offer it to other members in the family.

36. If time permits, you could recite śrī desika maṅgalam while offering the tīrthaṁ to others.

śrīmallakṣmaṇa yogīndra siddhānta vijayadhvajam
viśvāmitra kulodbhūtaṁ varadāryamaḥaṁ bhaje

sarvanasatra svatantrāya simhāya kavivādināṁ
vedāntācārya varyāya veṅkaṭeśāya maṅgalāṁ

nabhasyamāsi śroṇāyāṁ avatīṛṇāya sūraye
viśvāmitrānvayāyāstū veṅkaṭeśāya maṅgalāṁ

pitā yasyānəntasūrīṁ puṇḍarīkākṣa yajvanaiṁ
pautro yastanayastotārāmbāyāstasaṁ maṅgalāṁ
venkaṭeśāvatāro'yaṁ tadghaṇṭāṁśo'ṭhavā bhavet\ yatindrāṁśo'ṭhavetyevam vitarkyāyāstu maṅgalam\  
śrībhāṣyakāraḥ panthānam ātmanā darśitaṁ punaḥ\ uddhartumāgato nūnam ityuktāyāstu maṅgalam\  
yo bālye varadāryasya prācāryasya parāṁ dayāṁ\ avāpya vṛddhiṁ gamitaḥ tasmai yogyāya maṅgalam\  
rāmānujaṁyādātreyat mātulāḥ sakalāḥ kalāḥ\ avāpa viṃśatyaabde yaḥ tasmai prājñāya maṅgalam\  
śrutapraṅkāśikā bhūmau yenaṁ parirakṣitā\ pravartita ca pātreṣu tasmai śroṣṭhāya maṅgalam\  
sāṃskṛtibhirdrāmiḍibhiḥ bahvībhiḥ kṛtibhirjanāṁ\ yassamujjivāyāmāsa tasmai sevyāya maṅgalam\  
yāhaṁ khyāti lābha pūjāsu vimukho vaiṣṇave jane\ krayanīya dasāṁ prāptāḥ tasmai bhavyāya maṅgalam\  
yasmādeva mayā sarvam śāstramagrāhi nānyataḥ\ tasmai venkaṭanāthāya mama nāthāya maṅgalam\  
pitre brahmopadeśtre me gurave daivatāya ca\ prāpyāya prāpakāyāstu venkaṭēṣāya maṅgalam\  
yāhaṁ kṛtāṁ varadāryena vedāntācārya maṅgalam\ āśāste'nudinaṁ so'pi bhaven maṅgala bhājanam\  
bhāḍrapadamāsagata viṇṇuvimalarkṣe\ venkaṭamahīdhrapati tīrthadinabhūte\  

prādurbhavajagati daitya ripuhausta
   hanta kavitarkika mṛgendra gurumūrtyā∥

saṣaṅkhacakralānchanaḥ sadūrdhvaṇḍramanḍitaḥ
   sakaṇṭhalagnasattulasyanargha padmamālikaḥ∥
sitāntariya sūttariya yajñasūtra sōbhitah
   mamāvirastu mānase guruh sa veṅkaṭeśvaraḥ∥
ananta sūri sūnavebhinandyamāna vaibhavād
   diganta vādihamṣa jaitrakālamegha desikāt∥
upātta sarvaśāsanāya hanta varṣa viṃśatau
   punahpunarnamaskriyā'stu veṅkaṭeśa sūraye∥
kavitarkika kalabhavaṇa kaṅalikṛtisīṃhaṃ
   kamalāpati karunārasa parivardhita bodham∥
yatināyaka padapaṅkaja yugali paratantram
   bhaja mānasa budhaveṅkaṭapatidesikamanisam∥
kalye satataṃ karunā jaladhiṃ
   karunā viśayaṃ kamalādhipateḥ∥
kali vairi śātharī vaco rasikaṃ
   kavitarkika kesari sūri gurum∥
gurau vādihaṃsāmbudācāryaśiṣye
   janā bhaktihīnā yatīndrāpriyāḥ syuḥ∥
yatīndrāpriyā viṣṇu kāruṇyaḍūrāḥ
   kuto muktivārtā hi tādṛṣṭvādīnaṃ∥
vede saṁjāta khede munijana
   vacane prāptanityāvamāne
   saṅkīrṇe sarvavarṇe sati tadanu-
guṇe niṣpramāṇe purāṇe
māyāvāde samode kalikaluṣa
vaśācchūnyavāde’vivāde
dharmatrāṇāya yo’bhūt sa jayati
bhagavān viṣṇu ghanṭāvatāraḥ

kavītārṅikasimḥāya kalyāṇagunayaśāline
śrīmate veṅkatesāya vedāntagurave namaḥ

vādīdvipaśirobhāṅgapaścānanaparākramaḥ
śrīmaṁ veṅkaṭanāṭhāryaḥ ciraṁ vijayatāṁ bhuvi
Procedure for performing
śoṣaṇaṁ-dāhanam-plāvanam

or
śoṣaṇaṁ-dāhanam-plāvanam-surabhimudrā-astramantraṁ

to the item under consideration

Either imagine the word yan written on your right palm or scribe the word yan, in the script you are comfortable with, on your right palm with your left index figure, as shown in Figure 5.

Figure 5: Scribing yan on your right palm with the left index finger.

Show the right palm to the item under consideration (IUC) and recite

yan vāyave namaḥ śoṣayāmi

Now, again imagine the word ram written on your right palm with the left index finger. Show the right palm to the IUC and recite

ram agnaye namaḥ dāhayāmi

Now imagine the word van written on your left palm or scribe the word van, on your left palm with your right index figure, as shown in with your right index finger, as shown in Figure 6.

Show the left palm to the IUC and recite

van amṛtāya namaḥ plāvayāmi
Figure 6: Scribing *vam* on your left palm with the right index finger.

Develop the *surabhi mudrā* on your hands as shown in Figure 7. This is done by touching your left little and right ring fingers, left ring and right little fingers, left index and right middle fingers, and left middle and right index fingers.

Figure 7: Configuring *surabhi mudrā* with the right hand.

Show this posture to the IUC and recite

\[
\text{oṁ sum surabhimudrāyai namaḥ}
\]

Now snap with your hand over the IUC, as shown in Figure 8 while moving your hand in a clock-wise circular fashion and recite

\[
vīryāya astrāya phat
\]

The procedure of doing *śoṣaṇaṁ, dāhanaṁ* and *plāvanam* to the IUC will be referred to as *śoṣaṇaṁ-dāhanaṁ-plāvanam* to that IUC, for brevity. Similarly the procedure of doing *śoṣaṇaṁ, dāhanaṁ* and *plāvanam* to the IUC, showing the *surabhi mudrā* to the IUC

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*Sunder Kidambi*
and performing the *astramantram* over the IUC will be referred to as \(\text{s\'o\'s\'a\'na\'m-d\'a\'hana\'m-pl\'a\'vana\'m-surabhimudr\'a-astramantram}\) to that IUC, for brevity.
Procedure for offering

\textit{arghyam-pādyam-ācamaniyaṁ-plotavastram}

to the Lord

Hold a spoonful of water from the \textit{arghya pātraṁ} (vessel no. 2) in your right hand while ringing the bell with your left hand and offer it to the Lord while reciting

\textit{om namo nārāyaṇāya arghyaṁ samarpayāmi}

Visualize His having accepted your offering in His right hand and pour this water into the \textit{pratigraha pātraṁ} (vessel no. 7). Hold a spoonful of water from the \textit{pādyā pātraṁ} (vessel no. 3) in your right hand while ringing the bell with your left hand and offer it to the Lord’s feet while reciting

\textit{om namo nārāyaṇāya pādyam samarpayāmi}

and pour this water into the \textit{pratigraha pātraṁ} (vessel no. 7). This must be done twice. Now, hold a spoonful of water from the \textit{ācamaniya pātraṁ} (vessel no. 4) in your right hand while ringing the bell with your left hand and offer it to the Lord’s right hand while reciting

\textit{om namo nārāyaṇāya ācamaniyaṁ samarpayāmi}

and pour this water into the \textit{pratigraha pātraṁ} (vessel no. 7). This must be done three times. Show \textit{plotavastram} (a piece of sanctified cloth used exclusively for the Lord or sālagrāma) to the Lord and recite

\textit{om namo nārāyaṇāya plotavastram samarpayāmi}

This combination of offering of water from the \textit{arghya pātraṁ} (vessel no. 2) once, from the \textit{pādyā pātraṁ} (vessel no. 3) twice and from \textit{ācamaniya pātraṁ} (vessel no. 4) three times followed by showing \textit{plotavastram} will be referred to as the process of offering \textit{arghyam-pādyam-ācamaniyaṁ-plotavastram} to the Lord, for brevity.
Taniyans of some ācāryas of

śrīraṅgaṁ śrīmadāṇḍavan āśramam
śrīvedānta rāmānuja mahādeśikan

śrīmadvedānta rāmānuja muni
karaṇālabdha vedānta yugam
śrīmad śrīvāsaśayogīśvara
gurupadayorarpita svātma bhāram
śrīmad śrīraṅganāthāhvaya
munikṛpayā prāpta mokṣāśramam taṁ
śrīmad vedānta rāmānuja muni-
maparam saṃśraye desikendram

śrīśrīnivāsa rāmānuja mahādeśikan

śrīmat śrīvāsaśayogīśvara
munikarūṇālabdha vedāntayugam
śrīmat vedāntarāmānuja
gurupadayorarpitasvātmabhāram
śrīmat śrutyaṁta rāmānuja
yatinpateḥ prāpta mokṣāśramam taṁ
śrīmat śrīvāsaśāramānujamunim
saṃśraye jñānāvārdhitam

śrīraṅgarāmānuja mahādeśikan

vedānta lakṣmaṇa munīndra kṛpātta bodham
tatpāda yugamasarasīruha bhṛṅgarājam
trayyanta yugma kṛtabhūri pariśramam taṁ
śrīraṅga lakṣmaṇamunim śaraṇam prapadye
Taniyans of some ṛćāryas of ahobila maṭham

śrīvīrārāghanā satākopa yatindra mahādesikan
śrīvat śrīraṅgaṁppthviśvara-
śaṭhjyoginetuḥ prasādā
tāṇyan of some ṛṇa ṛaryas of āhobila māṭhān

śrīmat śrīraṅgaṁppthviśvara-
śaṭjyoginetuḥ prasādā
tyāṇyan of some ṛṇa ṛaryas of āhobila māṭhān

śrīvedānta desika yatindra mahādesikan
śrīraṅgaṁpithaṁ satākopa yatindradṛṣṭaṁ
lakṣmīṁśimhaṁ ṛṭhajitkarunāyakapātraṁ

śrīraṅgaṁppithaṁ satākopa yatindraṁ
vedāntadesiṇiṁ ṛṭhajitkarunāyakapātraṁ

śrīnārāyaṇa yatindra mahādesikan
śrīmaṁcaṁppaṁ ṛṭhāri satākopaṁ
drāśamantadvayam
śrīmadvīrāraghumahādyoṁ ṛṭhajitpādāravindāśrayam
śrīmadvedavatamsadeśiṇiṁ kāruṇyaviksāspadam

seve raṅgadhurīṇaṁ satākopaṁ nārāyaṇaṁ yogināṁ

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Taniyans of some ācāryas of
agnihotram tātadesiṇkam saṃpradāyam

śrīśailāryya samudbhutam vātsalyādi guṇārṇavam
sundarārya vande vedāntadvayadesiṇkam

śrīśailāryatanubhavasya tanayaṃ śrīvedacūḍāguroh
śrīmatsundaratātadesisikapada dvandvāśrayaṃ nirmalam
śāntikṣānti guṇākaraṃ munivarādvedāntarāmānuṣjāt
saṃprāptatrirahasyasāraḥṣadayāṃ śrīveṅkataṭeṣaṃ bhaje

śrīvāsatātamahivarya kṛpātta mantraṃ
tāte agnihotra niraṭatmane tātayārye
nyastrātmabhāraṃ amalam pariṃpurṇa bodhaṃ
rāmānuṭārya guruvarvayāmaneḥ prapadye
Taniyans of some ācāryas of

**paunḍarīkapuraṇī āṇḍavaṇ āśramam**

śrīmad śrīnīvāsa mahādesikan

śrīnārāyaṇa yogindra varadārya kṛpāśrayam
rāngeśapāda vinataṁ śrīnīvāsa munim bhaje
d

śrīmad śrīraṅganātha mahādesikan

ādyāśrīnīdhiyogi labdhamanurarāt śrīvāsanīmanau
saṃprāptaṁkanamantrajātāmapara śrīvāsayogīśvarāt
d
prāpyāntāśrama vedamauliyugalāṁ tenārpitaṁ śrīpatau
jñānābdhiṁ sugunākaraṁ munivaraṁ śrīraṅganāthaṁ
bhaje
d

śrīmad śrīnīvāsa mahādesikan

nārāyaṇākhyā yatirāja padābjabhṛṅga
śrīvāsayogi guruṇārpita bhāramiśe
d
bhaktyādi pūṛṇa varadārya kṛpāttacihnam
śrī śrīnīvāsa munivaryamahaṁ prapadye
d

śrīmad gopāladesika mahādesikan

śrīvāsa raṅga parakāla munitrayāpta
lakṣmātmā rākṣana yatitva yugāgamāntaṁ
d
ācārya bhakti paripūtaṁ anargha śilam
gopāladesika munim guruṁ āśrayāmaḥ
Taniyans of some ācāryas of
parakāla maṭham

śrīmadabhinava raṅganātha brahmatantra parakāla mahādeśikan

śrīkṛṣṇabrahmatantrottama
guruṇāvāpta cakrāṅka bhāṣyam
vairāgyācāravārdho varadapadmuke
lakṣmaṇe nyastabhāram
śrīvāgīśattaturyam śaṭharipu-
yatirāḍveda cūḍāryamūrtim
nūtnam śrīraṅganāthaṁ kaliripu-
managham brahmatantraṁ śrayāmaḥ

śrīturagavadana pāḍūsantaṭaparicaraṇaṁatra paramārthatāṁ
jayatu śrīmānabhinava raṅgendrabrahmatantra parakālaṁ

śrīmadabhinava śrīnivāsa brahmatantra parakāla mahādeśikan

śrīkṛṣṇa brahmatantrābhhidhakalimatham-
nālladbhacakrāṅka bhāṣyam
navya śrīraṅganāthe kalimathanagurā-
varpitātmāyabhāram

ūtikṣālabdhaturyam mahāvadana

padatṛṣṇasevādhrīnām
dhyāyeyam brahmatantraṁ kalimathana-
gurum śrīnivāsaṁ navīnam

śrīmallakṣmī hayagrīva pāḍukā divya sevako vaśī
tīyāṇnavya śrīnivāsa parakāla gurūttamaḥ
śrīmadabhinava rāmānuja brahmatantra parakāla mahādesīkan

nūtna śrīraṅganāthaḥ grīmapada-
kalijillaḥdhaḥāṅkana
śrī trayyantadvandva tatvaṁ tadanagha-
caraṇanyastabhaṛṇaḥ yatindrat\pratyagra śrīnivāsāt samadhigata-
turīyāśramaṁ saṁśrayāmaḥ
navyaṁ rāmānujākhyāṁ kalimathana-
gurum brahmatantra svatantram\lakṣmīhayāsyā pādūvarivasai kāntamānasassatam\jayatu śrīmadabhinava rāmānuja yoginda parakālaḥ\lśrīmadabhinava vāgīśa brahmatantra parakāla mahādesīkan
śrīmannūtana raṅganātha
yatirādāt pātma viḍyālayam
śrīmannūtana lākṣmaṇārya yatirājat
samprāpta turīyāśramam\śrīvāsaṅandra kaṭākṣa santata-
sudhālakṣyātmayegāṅcitam
śrīmannūtana vāgadhiśayaminam
bhaktāśrayāmogurūṁ\navya vāgīśayogindaḥ hayāsyapadasevinam\brahmatantra svatantrāryaṁ bhajāmassvātmasampadam\